



TRUE FREEDOM WORKBOOK

Key Scripture

1 Samuel 7:3-4

3) Then Samuel spoke to all the house of Israel, saying 'if you return to the LORD with all your heart, remove the foreign gods and the Ashtaroth from among you and direct your hearts to the LORD and serve Him alone: and He will deliver you from the hand of the Philistines.' 4) So the sons of Israel removed the Baals and the Astaroth and served the Lord alone.

Session 6 – More Freedom

1. Recognizing and _____ you have a _____ is the first step in _____ the impact of those things we are ignorant of.
2. Vows, _____, and curses.
3. Generational _____, _____ curses.
4. Four Ways things can be _____ down:
 - a. _____
 - b. Personality _____
 - c. _____ characteristics
 - d. By _____

“Example often writes what we become, unless grace intervenes.”

5. _____ from Sowing and _____

Hosea 8:7 (NASB)

For they sow the wind and reap the whirlwind.



6. How do you _____ deliverance or _____ from Generational _____?
- a. _____ revelation.
 - b. Renounce or _____.
 - c. Forgiveness _____
 - d. _____ and _____

Galatians 5:22-23 (NASB)

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control; against such things there is no law.

When you pray about breaking these curses, use the following elements in your prayer:

- 1) Repentance and confession
- 2) Renounce any vows or judgments
- 3) Ask for revelation about the impact
- 4) Reform and purify your life into His will and ways through the power of the Holy Spirit.
- 5) Thanksgiving-Be truly thankful for what God has done in your life.

Proverbs 4:23 (AMP)

Keep and guard your heart with all vigilance and above all that you guard, for out of it flow the springs of life.

Proverbs 4:23 (NASB)

Watch over your heart with all diligence, for from it flow the springs of life.

- 7. God's _____ for You!
- 8. Vision will _____ carry you _____ the _____.
- 9. When _____ the truth of:



God's _____ for You

God's _____ for You

True _____

10. And you have _____ to:

_____ God's Vision

_____ that Freedom Exists

_____ Freedom is Possible

11. And have a _____,

You will prove to the world that the goal of True Freedom can and will be accomplished. You will also work through the pain to accomplish that vision, breaking all the barriers in your life.

"Truly each man must make his own decision to determine to stand. Once men's spirits are awakened, righteousness will roll down like a mighty river, and men's outraged spirits will no longer tolerate the evils we now only mildly deplore."

John, Paula, and Loren Sanford, Transformation of the Inner Man

12. Forever _____

13. Belief #1 - _____ and _____

Healing

14. Belief #2 – _____ Freedom

15. Belief #3 – Individual _____

16. _____ or _____ Trauma



To be able to live our best life, our abundant life, we must be free. Truly free. Allow God to take you into that place of True Freedom, then you can take others with you.

Activity

Rest and reflect. Give Holy Spirit time to expose whatever He may be highlighting. Read the word daily. If you don't know where to read, look at some of the comforting Psalms, or the book of John, and study the love of Jesus. Purpose times in worship and prayer.

Think About It

Now that you have completed this course. Take a few days to reflect, pray and work through some things God has revealed. If you don't, you may have some things begin to come up in your spirit that are upsetting. Just give the Holy Spirit permission and time to help you through it. Then note whatever the concern is. Meditate on scripture and life giving principles, avoid upsetting movies, tv, or other things that could cause anxiety. Allow God to walk you through total and complete inner healing and deliverance. It's time to be Truly Free.



Answer Key

1. Accepting, problem, understanding
2. Inner Vows
3. Curses, Bloodline
4. Handed
 - a. Genetics
 - b. Traits
 - c. Behavioral
 - d. Example
5. Curses, reaping
6. Receive, Freedom, sin
 - a. Through
 - b. Repent
 - c. Factor
 - d. Reformation, Revolution
7. Vision
8. Always, through, pain
9. You Know
Love
Vision
Freedom
10. Faith
Believe
Believe
Believe
11. Clear Vision
12. Free
13. Deliverance, Inner
14. Total
15. Trauma Comparisons
16. Global, Group
- 17.