



# TRUE FREEDOM WORKBOOK

## Key Scripture

### 1 Samuel 7:3-4

*3) Then Samuel spoke to all the house of Israel, saying 'if you return to the LORD with all your heart, remove the foreign gods and the Ashtaroth from among you and direct your hearts to the LORD and serve Him alone: and He will deliver you from the hand of the Philistines.' 4) So the sons of Israel removed the Baals and the Astaroth and served the Lord alone.*

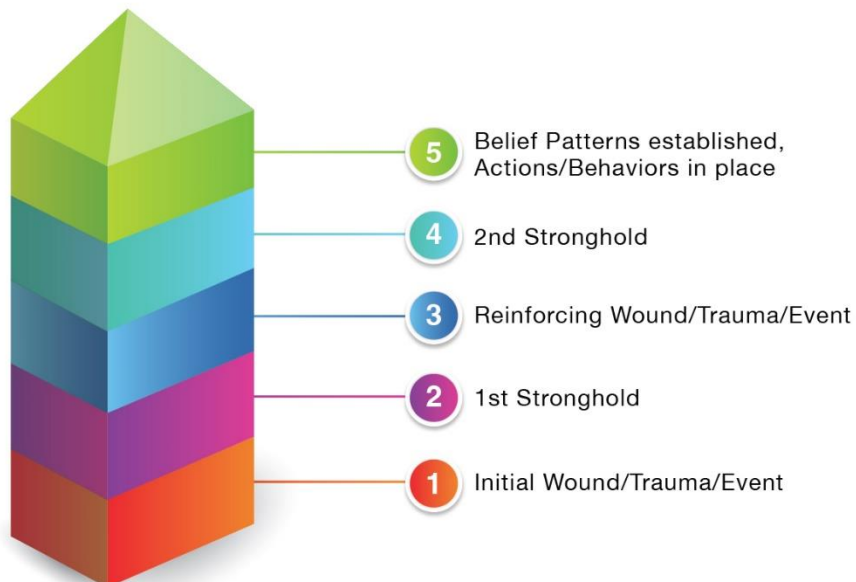
## Session 2 – Freedom on Purpose

1. \_\_\_\_\_ + Truth + \_\_\_\_\_ = FREEDOM!
2. Your personal \_\_\_\_\_; plus God's \_\_\_\_\_; plus your \_\_\_\_\_ in Him equals true and \_\_\_\_\_ freedom.

*"The Ultimate Weight Loss Solution," Dr. Phil McGraw says that 'Change can come in either one of two important ways: Start behaving positively or stop behaving negatively.'*

3. They \_\_\_\_\_ it!
4. God \_\_\_\_\_ keeps His \_\_\_\_\_!
5. Is God \_\_\_\_\_ in your whole \_\_\_\_\_?

*Samuel's directive to return to the Lord with all your heart, is a process.*





6. Stronghold's are one of 3 things:
- a. \_\_\_\_\_ System
  - b. Behavior \_\_\_\_\_
  - c. \_\_\_\_\_ Processes

*John Sanford reminds us again in "A Comprehensive Guide to Deliverance and Inner Healing" that "It is not the depth of our wounding, but the depth of our sinful response that makes us Satan's prey."*

7. You are not \_\_\_\_\_ for the \_\_\_\_\_.

8. Beware of the \_\_\_\_\_ .

*"You know your mind is renewed when the impossible seems logical." Bill Johnson*

### **Activity**

Pray, then take time to examine yourself. Be honest with yourself, then write down anything you may feel is a stronghold.



### **Think About It**

How has this stronghold held you in bondage? If you don't know, don't worry about it, just ask God to show you.

### **Answer Key**

1. Vision, Faith
2. Vision, truth, faith, complete
3. Did
4. Always, promises
5. First, heart
6. a. Belief; b. patterns; c. Thought
7. Responsible, wound
8. Comfort Zone